



## Tlhokomediso ya mahloko a amang kelello le maikutlo e tswelapele

Letsholo la tlhokomediso ka mahloko a amang nahano le boitshwaro ba motho e leng Attention Deficit Hyperactivity Disorder (ADHD) le mathata a puo e hlakileng le tsela e itseng ya monahano e leng Autism le ntse le le motjheng.

Mokgatlo wa Tshepiso-Hope Bheka eThembeni o leng motseng wa Sasolburg, o tswelapele ka letsholo la ona la tlhokomediso ya mafu a setisang kelello le maikutlo haholo baneng. Mokgatlo ona o sa tswa etela toropo ya Tumahole, Parys, bekeng e fetileng ho etsa tlhokomediso ka mafu. Kgweding e fetileng ya Motsheanong letsholo lena le bile motseng wa Zamdela, Sasolburg.

Tshepiso-Hope Bheka eThembeni e ile ya fumana tshehetso ho tswa ho Mafapha a Bophelo Free State le Gauteng, Baetapele ba Setjhaba, Kantoro ya Tonakgolo, Batswadi ba Bana ba amehang, Mokgatlo wa Dingaka tsa Setso ekasitana le baahi ba Tumahole ka kakaretso. Letsholo lena le ne le tshwaretsewe Master Nakedi Sports Centre, Tumahole.

Ho ya ka Ntando Mbhele ho tswa

Lefapheng la Bophelo Gauteng batho ba bangata ba sitwa ho amohela ha bobebe ha ba anngwe ke mefuta ena ya mahloko. "Batho ba lesisitheho haholo ho amohela ha ba kula ka mahloko a kelello, e be boholo bo hlahella ha mathata a se a le maholo moo nakong tse ding bana ba be ba nke maphelo a bona.

"Nakong tse ding re bona bontate ba hlekefetsang bomme le bana ba ipolayang ka ba ka la dipuo tse bang teng setjhabeng tse mabapi le lefu lena le amanang le mahloko a kelello. "Ke eletswe hore ngwana le motho a moholo ba tshwerweng ke lefu lena ba tswana, Ngwana o ameha kelellong le maikutlong jwalo ka motho a moholo" ho rialo Mbele. Ngwana ya jwalo ho ya ka Mbele o qetella a bile le mathata sekolong, ha a bapala le bana ba bang kapa a be le mathata a dikamano tse ntle lapeng.

A mang a matshwao ADHD a kenyetse ho se tsepamese maikutlo ho seo o se etsang, ho se phethele mosebetsi, bohlaswa, ho se ithliphise hantle, ho lebala le ho hloka mamello hara tse ding.

"Ngwana o ye a bontshe matshwao

ana kgwedding tsa pele tse tshelletseng, mme matshwao a na a tlameha ho hlahela pele ngwana a ba le dilemo tse 12, kamora dilemo tse 12 e tlabane se bothata bona e tla e le hohong. Ngwana ya nang le ADHD o qetella a e ba le kगतello ya maikutlo, jwaloka ha a sa kgone ho ithuta mme a ka qetela a sa tsebe ho bua, hangata o batla ho ba mong seo qetellong se mo tlisetsang menahano e mengata e ka mo kenyang tsietsing"

Sandile Mdlalose wa Lefapha la Thuto Free State o hlalositse ha profensi ena e na le dikolo tse 24 tse ikgethileng, mme tse pedi (2) ho tseo ke tsa bana ba nang le bofokodi ba ho utlwa ditsebeng le ba sa boneng mahlong. Se seng sekolo se Qwaqwa se seng se Thaba Nchu. "Ho na le dikolo tse ding hape tse tshelletseng tsa bana ba hlohang tlhokomelo e ikgethileng tse leng seterekeng sa Fezile Dabi, re batla ho bona bana ba ba kena sekolo hosa kgathalatshe maemo a bona" ho rialo Mdlalose.

"Re hlokometse rele lefapha hore dikolo tsena tse teng dinyane ke ka hoo re nkileng qeto ya ho etsa sekolo sa ditshebeletso tse felletseng moo

ka hara sona ho tla bang le phaphosi e ikgethileng, bana kaofela bana le tokelo ya thuto haufi le moo badulang teng, moo relekang ho baleha taba ya hore ngwana a tlameha ho bala hole le hae jwale e tla re ha ngwana a ntse a emetse sebaka ebe ontse a bala a bile a fumana thuso a e hlohang e nang le tshehetso kahare.

Matlakala Lenkoane eo e leng motswadi ya dulang le ngwana wa autism disorder o re ha e sa le a hlophela ka ngwana wa hae ha tlameha ho mo fumanela sekolo. "Hangata re bolellwa hore dikolo di tletse e be haesale re emetse ho fumana sebaka, ke lakatsa e ka lefapha la Thuto le ka etsa ditlhokomediso dikolong bakeng sa bana ba nang le bothata bona hore le batswadi ba bona ba fumane tsebo le tshehetso e etsuwang mokgatlong wa Tshepiso-Hope Bheka eThembeni. "Hape ekare re ka fumana thuso jwalo ka batswadi ba bana ba autism and ADHD hobane le rona re a thefuleha moyeng, maikutlong le maphelo a rona a ya ferekana" ho rialo Lenkoane.

Moemedi wa mokgatlo wa Tshepiso-Hope Bheka eThembeni Sister Boss o lebohile tshehetso eo ba e fumaneng ho tswa mekgatlong ka ho fapana le ho baahi, mme o boetse a etsa kgoeletso ho baahi ho iponahatsa ka bongata matsholong a tshwanang le a na a mokgatlo wa bona ho tla ikutlwela le ho fumana tsebo le lesedi.

"Re ka thabela ho bona batho ba tla ka bongata matsholong ana kamoso, re leboha mosebetsi o motle empa tshehetso ho tswa ho baahi ke yona fela ngongoreho ya rona" ho rialo Sister Boss.-Tlaleho ka Ouma Mabaso

**\*For more info or help regarding ADHD and Autism disorder contact Sister Boss of Tshepiso-Hope Bheka eThembeni organisation: watsup/calls: 0658130183**

## ANC in Fezile Dabi calls disciplined members to remain focused



African National Congress in the Fezile Dabi Region has called on all its disciplined members to remain focused and not be distracted by any agent provocateurs. The party was responding to incidents in the region where ANC T-Shirts were burned. "The ANC in Fezile Dabi Region has noted an incident by a group of people who were burning ANC t-shirts. This is reportedly in protest

of the constitutional decision of the ANC to expel its former Secretary General, Mr Ace Magashule." The party said in a statement.

Former ANC Councillor in Metsimaholo Alexis Mare who was part of the group that burned ANC T-Shirts on youth day in Amelia, Zamdela said he was also pained by how his party has changed since 1994.

"ANC is no longer the same now, since Ramaphosa took over the party has changed he removed those he feared will contest him like comrade Ace Makgashule, dollars were found in his house but they are fighting Makgashule for the good work he was doing of educating our children overseas" said Mare. Meanwhile Player Kopano Mokoena

said justice must be done, on this day of the youth. "We have taken a decision here as that as youth that we are moving away from the ANC, because it is no longer the party we know that the likes of Oliver Tambo fought for, it took a u-turn and no longer serves the interest of the society" said Mokoena. "All MECs were part of Ace's administration therefore there is no way we can say Makgashule was corrupt, on the issue of the matriculates who studied abroad people who brought the names of those learners were councillors, ward committees etc, but today they are shifting the blame to Makgashule"

However ANC in the region said it is fully aware of the intentions of this group, which is to create confusion amongst our people

"We are confident that loyal and disciplined members of the ANC understand and accept the democratic and constitutional outcomes of the

National Disciplinary Committee. Whilst we are convinced that majority of those involved are not ANC members, we are however, aware of few members of the organization who took active part in this incident and the necessary internal Disciplinary processes of the organization will ensue with immediate effect".

"We call on all disciplined members of the ANC to remain focused and not be distracted by any agent provocateurs, our task is to ensure that we continue to serve our people. In conclusion, we would like to take this opportunity to remind members of the ANC of the oath that they have taken, which proclaims that they have joined the organization voluntarily and committed to serve as loyal members of the organization, carry out tasks given to them and defend the unity and the integrity of the organisation and its principles" said the party in the region.