

**JOK INSPIRATIONS**



*Mr J Kubeka of JOK INSPIRATIONAL*

**Never Die Angry at Yourself**

As much as you can be hurt in whatever way don't be angry at yourself, find ways to deal with the situation because you will die sad death. We all been hurt along the way, don't make it as if you're the first one to get hurt. Forgive yourself for trusting too much.

**His Promises are Yes and Amen**

Don't rush be patient with God, when time and hour is you will be elevated to the highest level. Pray continuously and have faith with everything you aspire to be.

**Don't Mind the Spectators**

Never focus on people talking behind your back but always focus on your courage, passion, dream and vision. Spectators can confuse you by clapping hands while you make mistakes think you got it right. Be careful who you TRUST with your life.

**WHAT SAYETH THE LORD ABOUT SPENDING TIME TOGETHER IN MARRIAG**

**Scripture:**

*Ecclesiastes 9:9*  
*Enjoy life with your wife, whom you love, all the days of this meaningless life that God has given you under the sun—all your meaningless days. For this is your lot in life and in your toilsome labor under the sun.*

One of the unhealthiest things to do in marriage is not spending time together. It is so sad that many married couples put a distance between themselves through busyness at work, being over-extended with children, doing household chores, watching too much television and spending too much time on social media. When couples comesto ask for counselling, not spending time tougher is often cited as one of the challenges which causes problems in their marriage.



When couples don't spend time together, they will certainly drift apart and the enemy will definitely take advantage of this-if you know what I mean. Couples need to make it a mission to spend time together, in order to strengthen their marriages.

Any marriage will thrive when partners make the effort to plan and prioritize time spent together. Spending time together with my wife is one of the contributing factors to the health and success of our marriage. Another important part of spending time together, we do without fail is praying together on a daily basis.

Spending time together does not have to be complicated. It can be anything like sitting in your lounge and watching a movie together, going out on a date night or even going out for a walk and exercising together.

You don't have to wait for a vacation to spend time with each other. A week or two at the end of the year can never be enough. Couples have to make the most of little opportunities that prevent themselves daily.

It is important to remember that our desire and our need as couples is to be emotionally intimate with each other. We must not make the mistake of living as though we are just "house mates". We must be intentional about building a stronger bond, rather simply letting time pass by, while we are together.

In Genesis 2:24, the Bible says "Therefore a man shall leave his father and mother and be joined to his wife, and they shall become one flesh". It does not make sense that we can be one flesh, if we do not spend time together. If we don't spend time together, it might even be difficult to make decisions together, which is very important for the health and success of all marriages.

Lastly, as much as spending time with our children is important it does not count as spending time together.

**Prayer:**

Heavenly Father, I pray that you help us to take time to enjoy life together as married couples. I pray that there be fun and laughter in our marriages. May you give us wisdom to keep the fire of our love burning. Help us to always be aware of the little foxes that may cause us to be apart as married couples. This I pray in the wonderful and mighty name of our Lord and Saviour, Jesus Christ of Nazareth. Amen.

**Passion to pursue her purpose**

Gospel Artist **ZANELE MULAMBO**



**FOR BOOKINGS**

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She describes herself futuristic young person with a passion to pursue her purpose. She is ZaneleMulambo, a gospel artist and worshipper from Sasolburg. Zanele says she is grateful to her husband and manager, Pastor Luwizi Given Mulambo, for pushing her to pursue her purpose. "I have learned that not all of us can work in big companies but there's a nature of God within us. God says He called us according to His Purpose. Let all of us pursue what God called us to do, or else we will regret," she says. Quoting from the Bible this aspirant musicians fondly spoke of how a gift could create opportunities for a person and lead her before great people. "There's a period in every man's life called the season of appearing. Be patient your Season is coming. Don't be frustrated because things are not working together for your good. Stay in the wilderness, kill the bear and lion in the wilderness and remain silent. There's goliath who will make you shine, premature exposure is a way of keeping yourself in the back forever. Learn to serve and be patient, your season of appearing it is coming," says Zanele.

REA DI TSHOHLA, RE BETLA TSELA

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